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## High Holiday Prep Checklist

### Preparing for Elul



- Do you own a shofar?
- Is your local community in need of a shofar?
- Have you secured High Holiday tickets?
- Have you decided if you will do any spiritual prep?
- Do you plan to visit the graves of departed loved ones?
- Have you requested the holidays off from work?

### Holiday Shopping



- If applicable, do you have a gift for your host/hostess?
- Do you have a list of who you are buying gifts for?
- Have you created a budget for each person/gift?
- Have you ordered Happy New Year cards?
- Have you ordered gifts from Israel ahead of time to account for international shipping?
- Do the college kids, young adults, and newlyweds in your life have the Judaica they need to celebrate?

### Hosting & Meal Prep



- Have you invited your guests and inquired about allergies/dietary restrictions?
- Have you planned your menu(s)?
- Have you made a grocery list?
- Is your Rosh Hashanah tableware in good shape? Does anything need to be washed or replaced?
- Do you have a Kiddush cup and a honey dish?
- Do you have a challah board and cover for *hamotzi*?
- Do you have candles and candlesticks?
- Do you have festive tablecloths, table runners, serving dishes, and other tableware for the holidays?
- Does everyone in your family have a machzor?

### Rosh Hashanah Judaica & Foods

**Apples & Honey** for a sweet new year  
**Round Challah** for honoring lifecycles  
**Pomegranates** for lots of blessings  
**Fish Head** for the "head" of the new year  
**Carrots/Tzimmes** for good luck  
**A "New Fruit"** for celebrating harvests

#### DURING ELUL & ROSH HASHANAH, WE USE:

- Shofar (Ram's Horn)
- Kiddush Cup
- Rosh Hashanah Seder Plate
- Challah Board & Cover
- Honey Dish
- Candles



- Elul begins on Sunday, Aug. 8 at sundown
- Rosh Hashanah begins on Monday, Sept. 6 at sundown and ends at sundown on Sept. 8
- Yom Kippur begins on Sept. 15 at sundown

### The Week Before ...



- Do you have bread designated for *tashlich*?
- Have you set aside money for *kapparot*?
- Did you make a mikveh appointment?
- Have you checked in with people in your community to ensure they have meal plans?
- Have you made any goals or set any intentions for the new year?

Shana Tova UMetukah  
from Jerusalem!

